



## PROFILE

**Lorna Brookes** is a research psychologist with a specialism in reviewing the resettlement needs of prisoners, and the effects of imprisonment on children and families. She has worked closely with a range of prisoners, including young offenders, prisoners of retirement age, women, men, and sex offenders, and has provided training for prison officers, governors and staff. She has presented much of her research at conferences nationally and internationally. This has included keynote speaking for European Partnerships.

Lorna also has a long-standing career in developing and managing projects in the voluntary and community sector in areas suffering extreme social and economic disadvantage. She offers consultancy services in the following areas:

- The effects of parental offending and imprisonment on children.
- The specific make-up of female offenders, and their needs.
- The psychological principles of attachment in child development.
- Signs to look out for with regards to poor attachment in children and their associated problems in adulthood.
- Public speaking training for professionals who want to gain confidence in their delivery.
- Motivating the demotivated – especially for anyone working with service users who have low levels of confidence and poor self-belief.
- Pro-social modelling.
- How to conduct qualitative research, including running and evaluating focus groups.

Lorna has spent 14 years in community-based development, including managing a children's charity and strategically managing the rebuild and restructure of a multi-purpose community centre. She has worked with children who have emotional and behavioural difficulties, and those who are displaying anti-social behaviour problems. With qualifications in drama at degree level, she has also combined her drama skills with psychology and has written and directed a number of plays for young people facing a variety of disadvantages.

Lorna is currently raising awareness about the number of children who are affected by having a parent in prison, and is developing services to meet their specific needs.

She is qualified to Master's level in Applied Psychology and also holds a Postgraduate Diploma in Management.



### **Avenue Consulting Ltd**

Avenue House, PO Box 2060, Wrexham, LL13 0ZG, Wales, UK

Tel 01978 781173 Fax 01978 781117 Email [info@avenueconsulting.co.uk](mailto:info@avenueconsulting.co.uk)

