

## **Reflective Practice**

This DVD has been prepared as an aid to helping to provide a foundation for informed, reflective practice as an alternative to routine, uncritical practice. It provides an important platform for developing high-quality professional practice. The presentation is divided into three parts. In the first part a number of myths that have grown up around reflective practice are dispelled. In the second part the focus is on the key question of: what is reflective practice? The third is entitled 'Making it happen' and is concerned with the steps we need to take to make reflective practice a reality. Overall, this resource provides very useful source material for understanding and developing reflective practice.

### **The presenter**

Dr Neil Thompson is well-known in the people professions as an author, trainer, consultant and conference speaker. He has over 150 publications to his name, including several bestselling books. He has held full or honorary professorships at four UK universities and is currently a director of Avenue Consulting Ltd. For further information about Neil, visit [www.neilthompson.info](http://www.neilthompson.info)

### **Who is the resource for?**

Reflective practice is an important element of effective practice across the people professions. This DVD presentation and associated materials should therefore be of value to a wide range of practitioners and managers. Trainers, tutors, teachers and managers involved in helping others to learn will find this an invaluable resource.