

Working with Grief

This DVD has been prepared to help a wide variety of people to develop their understanding of the significance of loss and grief in the workplace and in people's lives more broadly. It is a 30-minute presentation that is divided into three parts.

Part One discusses the nature of grief by asking: What is grief? Part Two examines how grief affects us, the various ways in which it has an impact on people's lives. The final part explores how we can support people who are grieving. This DVD offers a sound foundation for more confident and effective approaches to situations that involve one or more people who are experiencing loss and grief.

The presenter

Dr Neil Thompson is well-known in the people professions as an author, trainer, consultant and conference speaker. He has over 150 publications to his name, including several bestselling books. He has held full or honorary professorships at four UK universities and is currently a director of Avenue Consulting Ltd. For further information about Neil, visit www.neilthompson.info

Who is the resource for?

No one is spared the pain of grief, and so the lessons to be learned on this DVD have very broad application indeed. If your focus is specifically on loss and grief in the workplace, then this presentation and associated materials will be of great benefit to managers, supervisors and human resource professionals across all sectors. If your focus is on grief in people's lives more broadly, then the DVD will have important messages for members of the helping professions broadly defined (social work and social care; nursing and other health care professions; probation and youth justice work; youth and community work; advice work; counselling and psychotherapy; and so on); and teachers; police staff; prison officers. Trainers, tutors, teachers and managers involved in helping any of the above groups to learn will find this DVD a useful resource.